

SCHOOL PROGRAMME'S

Action Indoor Sports Manukau offers Let's Play Indoor Sports skills programmes to primary and intermediate school children. These programmes are run by highly trained Action staff. Children learn the basic skills involved in different Indoor Sports through planned programmes of activities and modified games. Not only do they improve children's motor-skills, but the fun and enjoyment of participating in a team environment helps to develop social skills and self-confidence.



Let's Play programmes promote a healthy, active lifestyle through the participation in Indoor Sports. Indoor Sports can be played in any weather, are sun safe, low impact and non contact, and can be structured to suit the needs of the age group – which makes it a perfect option for your Primary or Intermediate School.



Let's Play is fully endorsed by SPARC



We hope you decide to accept the challenge and encourage your children to participate, and we look forward to welcoming you to the ACTION !

Best Regards

THE ACTION TEAM

LET'S PLAY BASICS

LET'S PLAY FORMAT

- Runs in conjunction with the school term
- Programmes run during school hours
- Safe and Healthy Stadium
- Quality Equipment
- Fully Trained Staff
- Professional Management
- 1-10 week programmes available

SPORTS

- Football
- Cricket
- Touch
- Basketball
- Hockey
- Dodgeball
- Handball
- Netball



HOW TO GET INVOLVED

Primary and Intermediate School Sports Coordinators – please email our National Office rdo@nzindoorsports.org.nz if you are interested in more information on our Let's Play Indoor Sports Programmes for your school children.

New Zealand Indoor Sports is committed to helping young New Zealanders become more active, in line with SPARC's vision of creating a more active nation.

www.nzindoorsports.org.nz



www.actionindoorsports.com



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