

ACTION FOOTBALL

Action Indoor Sports Stadiums are the most modern and professionally administrated indoor sports venues of their type in New Zealand. All over New Zealand teams are getting into Action Football like never before. This great game emphasises running, passing and ball skills to provide a high energy, fast moving game.



Action Indoor Football is fun, high energy and fast moving, easy to learn and based on traditional outdoor sport. The rules have been modified to allow for the fact that the game is being played not only indoors, but also within fully tensioned nets that add to the excitement of each game.

Football Basics

- 13 minute halves
- Men's or Mixed Grades
- 5 aside but up to eight players may take part in each game.
- 3 rolling substitutes may be used whereby players can be freely replaced at any stage of the game.
- Mixed teams must have 2 females on court
- Successful goals by females are awarded 2 goals.
- Players are not allowed in goalkeepers area.
- The game is played on two regular indoor courts with the middle net being lifted to create a 28m x 22m playing area.



We hope you decide to accept the challenge and enter your team, and we look forward to welcoming you to the ACTION!

Best Regards

THE ACTION TEAM

COMPETITION

COMPETITION FORMAT

A typical season consists of pre-season grading games, competition round games, and depending on how your team has fared in the round games, semi-finals and finals. All finals are held on the same day, and prizes are awarded to the winners and runners up in all grades.

PLAYING DAYS

Each team will play their games on their preferred playing day. By far the majority of each team's games will be scheduled on their preferred playing day, but there will be some games scheduled to be played on Sundays during each competition and all teams are expected to play all scheduled games. Manukau has Mixed & Menn's leagues available on a Monday night starting January 2010.

Mens Adult Competition – Monday Nights
Mixed Adult Competition – Monday Nights

PLAYING TIMES

To enable us to provide your teams with the most suitable schedule of game times possible, when entering your team you must select which time zones are best suited to your team and we will do our best to accommodate you within this time zone. All teams will play their fair share of late games though.

GAME FEES

All of our competitions are run on a pay as you play basis, with each team simply having to pay their team's match fee prior to the start of each scheduled game. Our current fees are as follows...

Adult – \$48.00per team per game

SEASON TIMINGS

Our competitions run all year round, and below is a schedule of the timings in which each of our competitions are played.

Summer League – January – March (Monday Nights)
Autumn League - March - July (Sundays)
Winter League - July - October (Sundays)

CANCELLATION OF GAMES

To enable us to maintain our payment structure, all teams must play all of their scheduled games. If a team cancels or defaults any game they will incur a \$30.00 cancellation fee that must be paid prior to their next scheduled game.

HOW TO ENTER

To enter into one of our weekly leagues, simply...

- Fill in a registration form or register online

www.actionindoorsports.com



MANUKAU

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