

ACTION NETBALL 7'S

www.actionindoorsports.com

Thank you for the interest shown in our competitions, and for taking the time to read this information sheet on Action Indoor Netball and the seasonal competitions that we currently have available.

Action Indoor Sports are the only nationwide group of it's kind in New Zealand, with stadiums located throughout the country from Auckland to Dunedin. We take great pride in the standard of facilities and competitions that we offer and are committed to providing all of our teams with New Zealand's most enjoyable indoor experience.

All of our competitions are fully serviced, with all necessary playing equipment, match umpires and competition administration being provided by each Stadium.

Prior to the start of each season we will place your team into the grade that we feel best suits your team's ability, and we then constantly monitor all grades during each season to make sure that we are providing all teams with the most evenly matched competition available.

To help make the organisation of your team as easy as possible, at the start of each season you will be given a competition draw, and this draw will include the dates and times for your complete season's games prior to semi-finals.

To further assist you in this task, your team's competition draw, full match results and position on the competition ladder are also available 24 hours a day by visiting us at www.actionindoorsports.com

We hope you decide to enter your team and know that if you do you will thoroughly enjoy the competition ahead, so if there is anything you are unsure of, or if you have any questions prior to entering your team, simply give us a call and we will help you out wherever possible.

In the meantime good luck, and once again, thanks for considering being a part of the ACTION !

THE ACTION TEAM

**OUR NEXT COMPETITION
STARTS 1st MARCH**

GAME BASICS

- The basic nature of the game of indoor netball is based on the traditional outdoor code, but there are a number of rules unique to indoor netball that have helped to develop a fast, fun and easy game to play.
- Indoor Netball is played on courts that are completely enclosed by a system of fully tensioned nets, with one of the main benefits of this being that play is continuous and not stopped by balls going out of bounds.
- The nets surrounding the court may all be used to either make or receive passes to or from another player.
- Each game consists of four nine minute quarters and teams change playing ends at half time only.
- Ten players may take part in any one game, with a maximum of seven players being permitted on the court at any one time.
- An indoor netball court is divided into three thirds and there are seven playing positions, GS, GA, WA, Centre WD, GD, GK.
- GS may move only in the attacking third, GA may move in the attacking and centre thirds, WA may move in both the attack and centre thirds but not inside the goal circle.
- GK may move only in the defending third, GD may move in the defensive and centre thirds, WD may move in both the defence and centre thirds but not inside the goal circle.
- Centre players are permitted to move anywhere within the three thirds but not inside the goal circle.
- Positional playing bibs are provided by the stadium for all players.
- Mixed teams must have a minimum of one and a maximum of three male players on the court at all times. Two male players may not occupy the same third.
- Successful shots at goal taken from within the goal circle by a GS & GA are worth one point.
- Successful shots at goal taken from outside of the goal circle by either an WA or Centre are worth two points.
- Indoor Netball is a non-contact sport and players must ensure that they maintain a minimum distance of three feet from any player in possession of the ball at all times.



ACTION MANAWATU

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Palmerston North
(T) 06-358-6096
(F) 06-358-6049
(E) manawatu@actionindoorsports.com

AUTUMN LEAGUE REGISTRATION PACK

STADIUM POLICY

COMPETITION FORMAT

A typical season consists of pre-season grading games, competition round games, and depending on how your team has fared in the round games, semi-finals and finals. All finals are held on the same day, and prizes are awarded to the winners and runners up in all grades.

PLAYING DAYS

Each team will have their games scheduled on both their preferred playing day and if necessary on a Sunday. Games will only be scheduled on a Sunday if the number of teams entering each competition makes this necessary.

At this stage we do not envisage any teams having to play games on a Sunday during the coming season, but should this become necessary all teams will be expected to play these games as they will all form a part of the overall competition.

Following are the days on which our competitions are played...

Mixed Indoor Netball - Every Day of the Week
Ladies Indoor Netball - Thursday
Daytime Ladies Netball - Tuesday & Thursday
Junior Indoor Netball - Friday

PLAYING TIMES

To enable us to provide your teams with the most suitable schedule of game times possible, when entering your team you must select which time zones are best suited to your team on both your preferred playing day and on Sundays.

MATCH FEES

All of our competitions are run on a pay as you play basis, with each team simply having to pay their team's match fee prior to the start of each scheduled game. Our current fees are as follows...

Senior Indoor Netball 7's- \$56.00 per team per match
Daytime Ladies Netball - \$42.00 per team per match
Junior Indoor Netball - \$28.00/\$35.00 per team per match

To enable us to maintain our payment structure, all teams must play all of their scheduled games. If a team defaults any game without providing the Stadium with at least 72 hours prior notice, such team will be charged a default fee equivalent to one team's full match fee.

SEASON TIMINGS

Our competitions run all year round, and following is a schedule of the timings in which each of our competitions are played.

Adult Summer League	November to March
Adult Autumn League	March to July
Adult Winter League	July to November
Junior Summer League	October to April

Please note that there are only limited spaces available per season and teams will be accepted into the competition in the order in which they are received.

HOW TO ENTER

To enter into one of our weekly leagues, simply...

- Select your preferred playing day during the week.
- Select which time zones best suit your team on both your preferred playing day and on Sundays.
- Fill out the entry form opposite and get it back to us a.s.a.p

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INDOOR NETBALL 7's REGISTRATION FORM

Team Name

Organiser's Name

Postal Address

Phone (Res) Mobile

Phone (Bus) Facsimile

Email Address

TEAM TYPE

Adult Mixed	<input type="checkbox"/>	<input type="checkbox"/>	Junior Primary
Adult Ladies	<input type="checkbox"/>	<input type="checkbox"/>	Junior Intermediate
Daytime	<input type="checkbox"/>	<input type="checkbox"/>	Junior Secondary

PREFERRED PLAYING DAY

Mon	Tue	Wed	Thu	Fri	Sun
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

PREFERRED PLAYING DAY TIMES

(Select one of the following zones for your games to be scheduled within)

Zone 1—Games starting between 5.50pm and 8.20pm	<input type="checkbox"/>
Zone 2—Games starting between 6.30pm and 9.00pm	<input type="checkbox"/>
Zone 3—Games starting between 7.10pm and 9.40pm	<input type="checkbox"/>

SUNDAY PLAYING TIMES

(Select one of the following zones for your games to be scheduled within)

Zone 1—Games starting between 2.00pm and 6.00pm	<input type="checkbox"/>
Zone 2—Games starting between 4.00pm and 8.00pm	<input type="checkbox"/>

2010 AUTUMN LEAGUE