

# GREAT PLACE, GOOD TIME, TEAM FUN FOR EVERYONE!

## ACTION INDOOR SPORTS HAMILTON

Welcome to Action Indoor Sports Hamilton where we provide all that is needed for the fun and action of Indoor Sports.

Our relaxed and friendly atmosphere allows players to enjoy a regular game of sport and take time after the games to socialise and enjoy refreshments.

Our professional staff and sports management software ensures your leisure time experience is enjoyable. We cater for grade competitions for men's, ladies, mixed, youth and junior teams as well as offering one off events i.e. Sports Birthday Parties, company bookings, casual court hire and group bookings!



**rule 1**  
action...speaks louder  
than words

## THE BASICS

### TIPS FOR GETTING STARTED

Action is all about enjoying yourselves. Here are some tips on getting a team together;

1. Don't try and gather an entire team before you register!
2. Get strong interest from just 3 or 4 friends and register – this sets a date to get started!
3. Encourage your friends to each recruit 1 or 2 of their friends for the first game!
4. When you have played together you'll soon discover how much fun it is and the only problem you'll have is cutting back the numbers!

### THE NEXT GENERATION

**Action Cricket** – Is fast, fun, easy to learn and based on the traditional outdoor game. The rules have been modified to allow for the fact that the game is being played not only indoors but also within fully tensioned nets that add to the excitement of each game.

**Action Football** – All over the country teams of social and serious players are getting into Action Football like never before. This great game emphasises running, passing and ball skills to provide a high energy, fast moving game.

**Action Hockey** - The fastest ball game indoors has arrived! 5 aside hockey with rolling subs in Women's, Mixed, Youth and Junior Competitions. New Seasons registrations are being accepted now, don't miss out!

**Action Netball** – IS one of New Zealand's biggest participation sport and the biggest sport offered at our Action Indoor Sports Stadium! The variety of teams in women's, mixed and junior competitions provided and excellent opportunity for the best fun and action in Hamilton!

[www.actionindoorsports.com](http://www.actionindoorsports.com)



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