

# NETBALL 7 ASIDE

Action Indoor Sports Stadiums are the most modern and professionally administered indoor sports venues of their type in New Zealand.

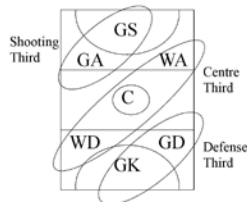


Action Indoor Netball is fast, fun, easy to learn, and based on the traditional outdoor sport. The rules have been modified to allow for the fact that the game is being played not only indoors, but also within fully tensioned nets that add to the excitement of each game.

## Netball Basics

- Women's, Mixed or Junior Teams
- 7 players on court
- Maximum of 3 substitute players
- 8 minute quarters
- Mixed teams can have a maximum of 3 males on court

## The Male Rule



Only one male can play in each of the three thirds.  
No Exceptions!!

We hope you decide to accept the challenge and enter your team, and we look forward to welcoming you to the ACTION !

Best Regards

**THE ACTION TEAM**

## COMPETITION

### COMPETITION FORMAT

A typical season consists of pre-season grading games, competition round games, and depending on how your team has fared in the round games, semi-finals and finals. All finals are held on the same day, and prizes are awarded to the winners and runners up in all grades.

### PLAYING DAYS

Each team will play their games on their preferred playing day. By far the majority of each team's games will be scheduled on their preferred playing day, but there will be some games scheduled to be played on Sundays during each competition and all teams are expected to play all scheduled games.

### Adult/Student Competitions

- Womens** - Monday, Saturday
- Mixed** - Tuesday, Wednesday
- Juniors**
- Girls/Mixed** - Wednesday

### PLAYING TIMES

To enable us to provide your teams with the most suitable schedule of game times possible, when entering your team you must select which time zones are best suited to your team on both your preferred playing day and on Sundays.

### GAME FEES

All of our competitions are run on a pay as you play basis, with each team simply having to pay their team's match fee prior to the start of each scheduled game. Our current fees are as follows...

- Adult/Students** - \$42.00 per team per game
- Juniors** - \$35.00 per team per game

### SEASON TIMINGS

Our competitions run all year round, and below is a schedule of the timings in which each of our competitions are played.

- |               |                  |
|---------------|------------------|
| Summer League | October to March |
| Autumn League | March to July    |
| Winter League | July to October  |

### CANCELLATION OF GAMES

To enable us to maintain our payment structure, all teams must play all of their scheduled games. If a team cancels or defaults any game they will incur a \$40.00 cancellation fee that must be paid prior to their next scheduled game.

### HOW TO ENTER

To enter into one of our weekly leagues, simply...

- Fill in a registration form or register online

**www.actionindoorsports.com**



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